

Name: _____

Month _____

Contact Phone Number: _____

Adults (18+) in household: _____

I would like products that are: Gluten free

Children under 18: _____

Sugar free/lower sugar No salt added

Condiments

- BBQ Sauce
- Catsup
- Mayo
- Yellow Mustard
- Spicy Brown/Dijon Mustard
- Italian Dressing
- Ranch Dressing
- Montreal Steak Seasoning
- Grated Parmesan Cheese
- Olives (black)
- Olives (green)
- Pickles (dill)
- Pickles (bread and butter)
- White Vinegar
- Olive Oil
- Vegetable Oil
- Bread Crumbs
- Hot Dog Chili Sauce

Canned Vegetables

- Corn - kernels or cream corn (Circle)
- Mushrooms
- Beets
- Sauerkraut
- Green Beans
- Carrots
- Peas
- Mixed Vegetables
- White Potatoes (Whole/sliced)
- Instant Potatoes
- Yams/Sweet Potatoes

Canned Fruits

- Peaches
- Pineapple
- Pears
- Applesauce
- Fruit Cocktail
- Cranberry Sauce
- Mandarin Oranges
- Raisins

Crackers

- Snack Crackers
- Saltines

Peanut Butter & Jelly

- Peanut Butter
- Grape Jelly
- Strawberry Jelly

Stuffing/Gravy/Broth

- Stuffing
- Turkey Gravy
- Brown Gravy
- Beef Broth
- Chicken Broth

Soup

- Beef
- Chicken
- Tomato
- Vegetable (Vegetable, Lentil, Potato...)
- Cream of _____

Spices/Seasonings

- Salt
- Chopped Garlic
- Black Pepper
- Basil
- Oregano
- Italian Seasoning
- Garlic Powder
- Onion Powder
- Chopped Onions
- Parsley
- Chili Powder
- Cinnamon
- Taco Seasoning
- Vanilla

Breakfast Items

- Unsweetened Cereal
- Sweetened Cereal
- Plain Oatmeal
- Plain Instant Oatmeal

- ___ Flavored Instant Oatmeal
- ___ Pancake Mix
- ___ Syrup

Snacks

- ___ Fruit Snacks
- ___ Granola Bars
- ___ Salsa
- ___ Taco Shells
- ___ Teriyaki Taco Kit
- ___ Tortilla Chips
- ___ Pretzels
- ___ Potato Chips
- ___ Cookies

Pasta & Sauce

- ___ Egg Noodles
- ___ Elbows
- ___ Spaghetti
- ___ Other pasta (Rotini, Ziti, Penne, _____)
- ___ Pasta Sauce
- ___ Alfredo Sauce
- ___ Diced Tomatoes
- ___ Tomato Paste
- ___ Tomato Sauce
- ___ Mac & Cheese
- ___ Ramen Noodles
- ___ Canned Spaghetti/Ravioli/Lasagna
- ___ Cheeseburger Pasta Dinner Mix
- ___ Cheesy Tuna Pasta Dinner Mix

Rice & Dry Beans

- ___ White Rice
- ___ Brown Rice
- ___ Minute Rice
- ___ Flavored Rice
- ___ Red Beans & Rice Dinner Mix

Baking & Desserts

- ___ White Sugar
- ___ Brown Sugar
- ___ Baking Soda
- ___ Pudding Mix
- ___ Jell-o
- ___ Flour
- ___ Cake Mix
- ___ Frosting
- ___ Chocolate Chips
- ___ Corn Muffin Mix
- ___ Dried Cherries

- ___ Fig Pieces
- ___ Dates

Beverages

- ___ Apple Juice
- ___ Orange Juice
- ___ Single Serving Chocolate Drink
- ___ Shelf Stable Whole White Milk (carton)
- ___ Shelf Stable 1% White Milk (carton)
- ___ Shelf Stable Fat Free White Milk (carton)
- ___ Powdered Milk
- ___ Regular Coffee/Decaf Coffee (Circle One)
- ___ K-Cups
- ___ Tea
- ___ Juice Boxes/Capri-Sun

Beans

- ___ Black Beans
- ___ Baked Beans
- ___ Cannellini/Butter (white) Beans
- ___ Pink Beans
- ___ Pinto Beans
- ___ Refried Beans
- ___ Kidney Beans
- ___ Crowder Peas
- ___ Chick Peas (Garbanzo Beans)
- ___ Dry Lentils
- ___ Dry Chick Peas

Canned Meats

- ___ Tuna
- ___ Manwich
- ___ Beef Stew
- ___ Beef Hash
- ___ Spam
- ___ Chicken
- ___ Pork
- ___ Chili
- ___ Beef

Personal Care Items

- ___ Shampoo
- ___ Men's Body Wash
- ___ Women's Body Wash
- ___ Bar Soap
- ___ Hand Soap
- ___ Toothpaste
- ___ Toothbrush
- ___ Mouthwash
- ___ Dental Floss

- Hand Sanitizer
- Women's Deodorant
- Men's Deodorant
- Women's Razors
- Men's Razors
- Women's Shaving Cream
- Men's Shaving Cream
- Baby Wipes
- Cotton Swabs

Additional Items Not Listed:

Household Cleaning Items

- Dish Soap
- Dishwasher Detergent
- Laundry Soap
- Bleach
- General Purpose Cleaner
- Toilet Bowl Cleaner
- Disinfecting Wipes
- Sponges
- Trash Bags

Paper Products

- Toilet Paper
- Paper Towels
- Tissues
- Napkins